



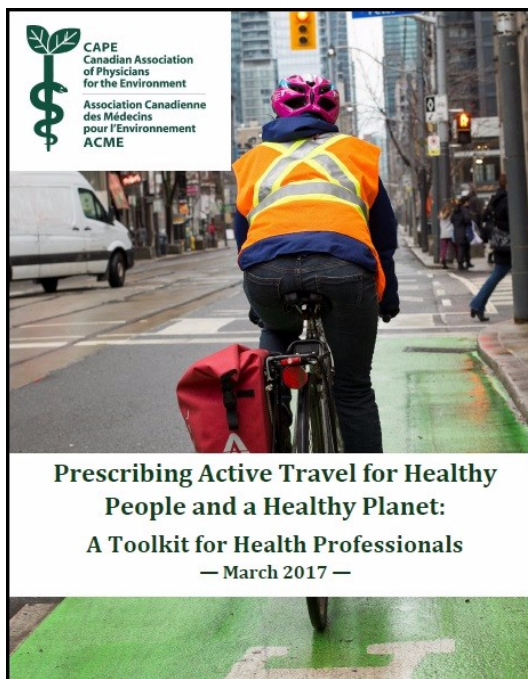
Canadian Association of
Physicians for the Environment

Association Canadienne des
Médecins pour l'Environnement

CAPE News Update



CAPE's New Active Travel Toolkit for Doctors



Walking, cycling, and taking public transportation are great ways to fit physical activity into a busy schedule. CAPE's new toolkit — ***Prescribing Active Travel for Healthy People and a Healthy Planet: A Toolkit for Health Professionals*** — will help health professionals become advocates of active transportation and transit with their patients and in their communities.

The toolkit is designed with five stand-alone modules so people can focus on the ones of most interest to them:

Module 1 describes the health, environmental and social benefits of active travel.

Module 2 provides strategies to motivate patients to use active travel.

Module 3 explains the links between active transportation and community design.

Module 4, designed for health professionals in southern Ontario, focuses on Ontario's Growth Plan and how it impacts active travel.

Module 5 provides strategies for promoting change in one's community.

The toolkit also includes two factsheets and brochures that health professionals can give to their patients, two backgrounders that can be used in meetings with the public or decision-makers, and a series of memes that can be used on Twitter or Facebook to make people think about the many benefits of walking, cycling, and transit for society as a whole. [Learn more here.](#)

Retour de la Dalle-Parc Turcot / Return of the Turcot "Dalle-Parc"



Lire l'article complet en français: [UN ENJEU MAJEUR DE SANTÉ PUBLIQUE ET D'ENVIRONNEMENT POUR MONTRÉAL : LE RETOUR DE LA 'DALLE-PARC' DANS L'ÉCHANGEUR TURCOT](#)

A MAJOR PUBLIC HEALTH AND ENVIRONMENTAL CHALLENGE FOR MONTRÉAL: THE RETURN OF THE 'DALLE-PARC' IN THE TURCOT INTERCHANGE RENOVATION

This spring, CAPE has joined together with several local environmental groups in Montreal to defend an important infrastructure project for pedestrians and cyclists. The Turcot Interchange, a major highway interchange in southwest Montreal, is currently under renovation. The plans for this \$4-billion project originally included a large, green overpass for pedestrians and cyclists connecting two zones of Montreal. This overpass, the “Dalle-Parc”, would give people in many neighbourhoods easier and safer access to schools, jobs, and other amenities, and only account for 1 - 2% of the total project cost. However, in the latest version of the plan from the Quebec Ministry of Transportation (MTQ) in 2015, the Dalle-Parc was simply gone... [Read more.](#)



Join us in Vancouver on Friday April 28th for a discussion panel about the health impacts of fracking featuring environmental scientist Judi Krzyzanowski, PhD, Dene environmental activist and lawyer Caleb Behn, and CAPE board members Dr. Courtney Howard and Dr. Warren Bell.
[More information and free registration available here.](#)

CAPE Blogs

April 4, 2017 - [Retour de la Dalle-Parc Turcot / Return of the Turcot "Dalle-Parc"](#)

March 20, 2017 - [Prescribing Active Travel for Healthy People and a Healthy Planet: A Toolkit for Health Professionals](#)

March 8, 2017 - [Coal Plants Have a Significant Impact on Air Quality and Health: Incomplete Facts Don't Change the Truth](#)

February 23, 2017 - [Neonics: It's Bigger than the Bees](#)

January 18, 2017 - [Ontario's Coal Plant Phase-Out Produced Many Health and Environmental Benefits](#)

January 3, 2017 - [Health and the Environment Belong in the Same Box: Why Health Impact Assessments Belong in Environmental Assessments](#)

CAPE Letters & Submissions to Political Representatives

March 22, 2017 - [Letter to Minister of the Environment Catherine McKenna re: Asbestos and Conferences of the Parties to the Stockholm, Rotterdam, and Basel Conventions](#)

January 31, 2017 - [Letter to the City of Calgary's Conservation Policy Team re: Calgary Pesticides Policy](#)

January 25, 2017 - [Submission to Environment and Climate Change Canada re: Proposed Risk Management Approach for Triclosan](#)

January 19, 2017 - [Letter to EU Commission President Juncker re: Delays addressing pharmaceutical pollution of water](#)

January 17, 2017 - [Letter to Ministers McKenna and Philpott re: Notice of Intention to Develop Regulations respecting Asbestos](#)

December 23, 2016 - [Submission to the MoECC re: The Need for Health Impact Assessments to be Integrated into all Federal Environmental Assessment Processes](#)

December 6, 2016 - [Letter to Prime Minister Justin Trudeau re: Establishing an Expert Panel to review Canada's Asbestos Management Regime](#)

CAPE in the News

Coal

December 3, 2016
[Coal phase-out will lead to healthier Albertans](#)
(660 News)

January 28, 2017
[Letter to the Editor: Report Wrong](#) (Toronto Sun)

March 6, 2017
[Connecting the dots on the human health impacts of coal power](#) (National Observer)

March 24, 2017
[Don't be misled by incomplete facts about effects of coal burning](#) (CMAJ Blog)

Fracking

April 10, 2017
[Impact with Don Shafer: Dr. Courtney Howard on Fracking and Health](#) (Roundhouse Radio)

Pesticides

February 13, 2017
[Overwhelming evidence supports need for Canadian atrazine ban](#) (The Hill Times)

February 20, 2017
[Government to weed out pesticides from foreign websites](#) (CBC)

Active Transportation

March 10, 2017
[Despite gains, Toronto's air pollution still causing serious health problems](#) (Toronto Star)

April 8, 2017
[Tool kit helps Canadian doctors promote active travel](#) (CBC - Radio Canada International)

Climate Change

January 23, 2017

Site C Dam

March 26, 2017

[Why construction of B.C.'s Site C dam should be scrapped](#) (Globe and Mail)

Triclosan

January 31, 2017

[Canada still won't ban unsafe triclosan from your family products](#) (Huffington Post)

[Impact of climate change on human health](#) (The Weal)

Pipelines

March 6, 2017

[The Kinder Morgan Pipeline: An unhealthy choice for B.C.](#) (Vancouver Observer)

[Click here for more CAPE media clips](#)



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